

# I. Double-Single Stroke Roll (triplet)

Diagram showing a continuous sequence of 12 measures of a double-single stroke roll. The notation uses vertical stems with '3' over them. Below the stems are two rows of 'R' and 'L' strokes. The first row starts with R, followed by 11 pairs of strokes (RL, RL, RL, RL, RL, RL, RL, RL, RL, RL, RL). The second row starts with L, followed by 11 pairs of strokes (LR, LR, LR, LR, LR, LR, LR, LR, LR, LR, LR).

# 2. Single-Double Stroke Roll (triplet)

Diagram showing a continuous sequence of 12 measures of a single-double stroke roll. The notation uses vertical stems with '3' over them. Below the stems are two rows of 'R' and 'L' strokes. The first row starts with R, followed by 11 pairs of strokes (RL, RL, RL, RL, RL, RL, RL, RL, RL, RL, RL). The second row starts with L, followed by 11 pairs of strokes (LR, LR, LR, LR, LR, LR, LR, LR, LR, LR, LR).

# 3. The Paradiddle (quintuplet)

Diagram showing a continuous sequence of 12 measures of the paradiddle. The notation uses vertical stems with '5' over them. Below the stems are two rows of 'R' and 'L' strokes. The first row starts with R, followed by 11 pairs of strokes (RL, RL, RL, RL, RL, RL, RL, RL, RL, RL, RL). The second row starts with L, followed by 11 pairs of strokes (LR, LR, LR, LR, LR, LR, LR, LR, LR, LR, LR).

# 4. The Flam Paradiddle (quintuplet)

Diagram showing a continuous sequence of 12 measures of the flam paradiddle. The notation uses vertical stems with '5' over them. Below the stems are two rows of 'R' and 'L' strokes. The first row starts with R, followed by 11 pairs of strokes (RL, RL, RL, RL, RL, RL, RL, RL, RL, RL, RL). The second row starts with L, followed by 11 pairs of strokes (LR, LR, LR, LR, LR, LR, LR, LR, LR, LR, LR).

# 5. The Paragadiddle (quintuplet)

Diagram showing a continuous sequence of 12 measures of the paragadiddle. The notation uses vertical stems with '5' over them. Below the stems are two rows of 'R' and 'L' strokes. The first row starts with R, followed by 11 pairs of strokes (RL, RL, RL, RL, RL, RL, RL, RL, RL, RL, RL). The second row starts with L, followed by 11 pairs of strokes (LR, LR, LR, LR, LR, LR, LR, LR, LR, LR, LR).

# 6. The Flam Paragadiddle (quintuplet)

Diagram showing a continuous sequence of 12 measures of the flam paragadiddle. The notation uses vertical stems with '5' over them. Below the stems are two rows of 'R' and 'L' strokes. The first row starts with R, followed by 11 pairs of strokes (RL, RL, RL, RL, RL, RL, RL, RL, RL, RL, RL). The second row starts with L, followed by 11 pairs of strokes (LR, LR, LR, LR, LR, LR, LR, LR, LR, LR, LR).

# 7. The Flam Paradiddle-Flam (quintuplet)

Diagram showing a continuous sequence of 12 measures of the flam paradiddle-flam. The notation uses vertical stems with '5' over them. Below the stems are two rows of 'R' and 'L' strokes. The first row starts with R, followed by 11 pairs of strokes (RL, RL, RL, RL, RL, RL, RL, RL, RL, RL, RL). The second row starts with L, followed by 11 pairs of strokes (LR, LR, LR, LR, LR, LR, LR, LR, LR, LR, LR).

# 8. The Flaflam - Quintuplet

Diagram showing a continuous sequence of 12 measures of the flaflam-quintuplet. The notation uses vertical stems with '5' over them. Below the stems are two rows of 'R' and 'L' strokes. The first row starts with R, followed by 11 pairs of strokes (RL, RL, RL, RL, RL, RL, RL, RL, RL, RL, RL). The second row starts with L, followed by 11 pairs of strokes (LR, LR, LR, LR, LR, LR, LR, LR, LR, LR, LR).

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Diagram showing a variation of the flaflam-quintuplet. It consists of two measures of alternating R and L strokes, each with a vertical stem and a '5' over it.